

Barry Ahenakew, Nêhiyawak Elder
Ahtahkakoop First Nation

Start time	End time	Topic
00:44	20:19	How did the Chiefs make decisions before treaties? <ul style="list-style-type: none"> - different 'Chiefs' – Warrior Chief, Chief - “not yet warriors” - protocols of speaking in the Warrior Lodge – youngest to oldest - responsibilities of Warriors - responsibilities of Elders’ helpers - expectations for behaviour on a buffalo hunt; need for discipline - “One must think of the people as a whole.” - Warrior Women – role of Chief of Warrior Women
20:10	53:31	Story of "Nihânîmis" who was gifted by the Thunderbirds <ul style="list-style-type: none"> - Thunderbird Lodge - Healing and wellness - Chief Old Man Spirit, Chief Warrior and Chief Warrior Woman - women’s roles in ceremonies - Bear Spirit Directions - Chief Warrior Woman – role, responsibilities, qualities/gifts (“a good lifestyle, good conduct, good thoughts, same as Warrior Chief”)
53:32	1:00:42	Story of the first human being and the creation of woman <ul style="list-style-type: none"> - Creator – “Our language comes from him” - children
1:00:43	1:04:09	What can young people take from going to university, something for them to think about? <ul style="list-style-type: none"> - encouraging young people to “learn and understand” how things happened in the past, spirituality, ceremonies - knowing how things happened in the past connects people to their identity - risk to the people if they don’t know their past
1:04:10	1:20:45	Story about the “white berries that have a crown” <ul style="list-style-type: none"> - knowledge of death - ceremonies around death and burial, Ghost Dance Bundle - Grandfather Spirit, Ghost Rock Spirit, Cold Spirit, Grandmother Spirit
1:20:46	1:24:45	Commentary on these stories, “we are close to losing them” <ul style="list-style-type: none"> - Our stories will bring life, a way for a parent to teach their children”
1:24:46	1:27:16	Story about how the world began <ul style="list-style-type: none"> - destruction of the world - how life started again - “where Wesakechak came to be”
1:27:17	1:30:52	Education is good, but “don’t forget where you were born . . . who you are from” <ul style="list-style-type: none"> - giving thanks - role of helpers, importance of helpers - “Those are the keepers of laws, how to live a good life”